

RELATIONSHIP OF CHARACTERISTIC, KNOWLEDGE AND FAMILY SUPPORT WITH EXCLUSIVE BREASTFEEDING IN WORKING AREA OF PUSKESMAS SIANTAN HULU SUBDISTRICT OF NORTHERN PONTIANAK

Eka Ardiani Putri¹, Agus Fitriangga¹

1. Department of Public Health, Faculty of Medicine, Universitas Tanjungpura, Pontianak West Kalimantan.

Abstract

Background: Exclusive breastfeeding (EBF) means that the infant receives only breast milk for the first six months of life after birth. Puskesmas Siantan Hulu has the lowest EBF rate (11,76%) in Pontianak City. Characteristic, knowledge and family support are suggested to influence EBF.

Objective: Determining the relationship of the characteristic, knowledge and the family support with the practice of EBF.

Methodology: This study was cross sectional analytic approach. This research was conducted at September 2022 to July 2023. Subjects were mothers who having children aged 0–6 months. Total sample was 86 respondents. Data was analyzed by chi-square test.

Results: This study showed that 81,40% respondents had 20-35 years of age, 58,14% respondents had primary education, 48,84% respondents with primipara, 48,84% respondents had a low knowledge, 52,33% respondents with good family support and 56,98% respondents practiced EBF. There were no relationship between age ($p=0.081$) and mother's employment status ($p=0.927$) with practice EBF. There were relationship among education ($p=0,046$), status of parity ($p=0,008$), mother's knowledge ($p=0.000$) and family support ($p=0.004$) with the practice of EBF.

Conclusion: Education, status of parity, mother's knowledge and family support have relationship with the practice of EBF.